

I AM THE LIVING BREAD
THAT CAME DOWN FROM HEAVEN;
WHOEVER EATS THIS BREAD
WILL LIVE FOREVER.

JOHN 6:51

THE BREAD OF LIFE

Chapter 6 in John's Gospel is often referred to as the Bread of Life discourse, perhaps because this is where Jesus makes his strongest claims for being the bread that has come down from heaven, bringing eternal life for those who believe in him. This is one source of our belief in the Real Presence of Christ in the Eucharist. In the first reading, the prophet Elijah has come to the brink of despair, but an angel comes with food and tells him to eat, "else the journey will be too long for you." The Responsorial Psalm is from Psalm 34; from very early on, the Church has applied the line, "Taste and see how good the Lord is" to the Eucharist. The second reading describes an ideal Christian community characterized by mutual love and service, which is the greatest fruit of its eucharistic celebrations.

THE READINGS AT MASS DON'T ALWAYS SEEM TO FIT TOGETHER

On the greatest feasts and solemnities of the Church's liturgical year, the three readings are chosen to all apply to the theme or the event being celebrated. During Ordinary Time, however, only the Jewish scriptures/Old Testament selections are chosen to go with the Gospel. The second reading makes its way independently through the New Testament letters and often appears to have a very different message.

Today's readings, however, present us with that happy coincidence of a Sunday in Ordinary Time when all three readings are very much closely connected—a connection that we might describe as God's generosity in nurturing the people so that they can in turn "nourish" each other by their acts of service and charity.

BUT TODAY THEY DO

In John's Gospel, Jesus insists over and over that he is the bread of life; when he sees that some of his listeners find this hard to believe, he insists on it even more strongly. Note that centuries before the Christians celebrate Jesus as the Bread of Life in the Eucharist, the psalmist sings, "Taste and see how good the Lord is!"

John's Gospel contains no blessing of the Bread and Cup that the Church uses to consecrate the bread and wine. What John does have is Jesus washing the feet of the disciples and commanding them to wash each other's feet, which is to say, to serve each other without regard to station or rank. He also gives a long, prayerful discourse in which he gives the "new commandment" to love one another. Receiving Holy Communion is much more than a "me and Jesus" moment, although that is undoubtedly a precious encounter. Ultimately, our reception of the Bread of Life attains its fullness only in our mutual love and service in our communities and beyond.

God fed Elisha to strengthen him on his journey. God fed the Israelites with manna on their journey in the wilderness. Today, we receive from God the Bread of Life for strength in whatever journey we are on.

TODAY'S READINGS

1 Kings 19:4–8
Psalm 34:2–3, 4–5, 6–7, 8–9
Ephesians 4:30 — 5:2
John 6:41–51

NINETEENTH SUNDAY
IN ORDINARY TIME

AUGUST 8, 2021

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Photo: Icon of Jesus Christ the Priest, Chiesa di Santa Maria Maddalena, Ravenna, Italy; Renata Sedmáková/Adobe Stock

The Church of the Incarnation

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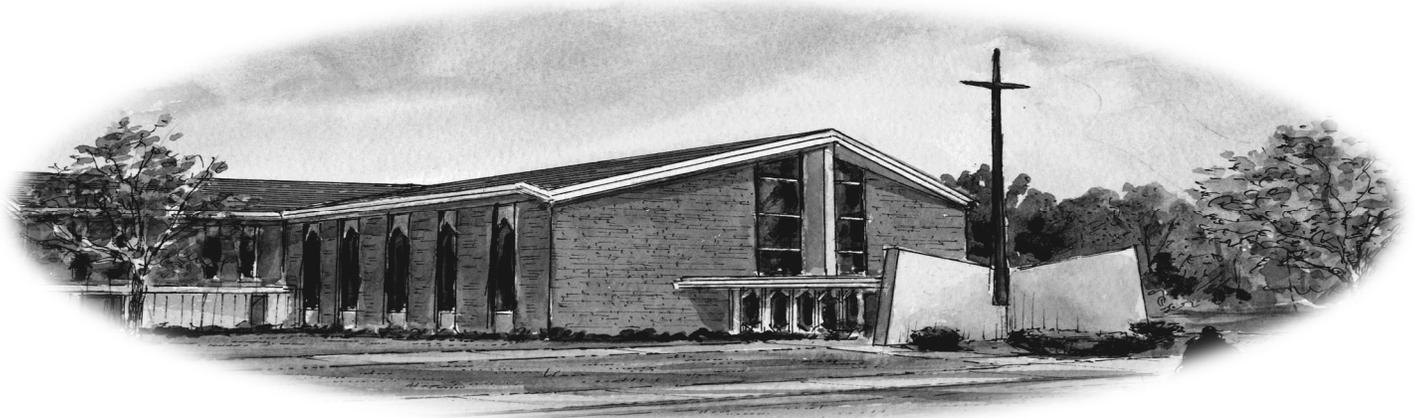
Faith Formation (860) 529-6765

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Pastoral Associate

Director of Faith Formation

Mrs. Noranne Wamester
Gotellit15@gmail.com

Pastoral Assistant

Mrs. Audrey Saharek

Sacristan

Toni Munoz

Coordinator Elementary Faith Formation Gr. K-6

Mrs. Filomena Marinelli

Coordinator Middle School Faith Formation Gr. 7-12

Confirmation Coordinator

Gina Burby

Director of Music

Mrs. Theodora Niver

Cantors

Vanessa Crowley.....Lorissa Heath
Rosanne Sweeney Gowdy.....Andrew Russo
Heather Picard.....Gianna Bielenda

Rectory Staff Assistant

Mrs. Marguerite Devitt

Rectory Assistant

Marguerite Heinemann

Mass Schedule

Confessions on Saturdays from 3:30 - 4:15pm
in Father Crawford Hall

Vigil Mass: Saturday at 5:00pm

Sunday Masses: 8:30 & 10:30 am

Daily Mass: (Mon. - Fri.) 9:00 am

Recitation of the Rosary for Peace before
9:00 am daily Mass

Sacrament of Baptism

By previous appointment by calling the rectory.

Sundays at 12:30 pm

Weddings

Please contact a priest 6-10 months prior.

New Parishioners - Faith Formation Registration

The Church of the Incarnation

welcomes new parishioners.

Forms are available at the
main entrance of the church.

Please mail or drop off at the rectory.

You may also visit our website for printable forms at:

www.thechurchoftheincarnation.com

Rectory Hours

9:00 am - 4:30 pm

Mass Schedule

Saturday, August 7th

5:00pm— Sally & George D'Esopo

Sunday, August 8th

8:30am— John Discenza

10:30am— Lidia DiCioccio

Monday, August 9th

9:00am— Pietro Niro

Tuesday, August 10th

9:00am— For all our parishioners

Wednesday, August 11th

9:00am— Tiberio & Armida Pace

Thursday, August 12th

9:00am— Mary & Joseph Stefano

Friday, August 13th

9:00am— Deceased members of the
Mistretta & Quattrocchi Families

Saturday, August 14th

5:00pm— Frank Mandile

Sunday, August 15th

8:30am— Elizabeth "Betty" Sica

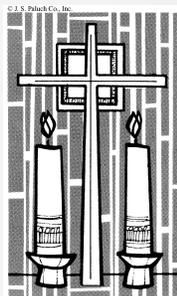
10:30am— Nancy & Dorothy St. Pierre

The Sanctuary Candle

will burn from 8/9/2021—
8/15/2021 in memory of Burt
Vaughn.

The Blessed Virgin Mary

Candle will burn from
8/9/2021—8/15/2021 in
memory of Lucille Halfpenny.



Nineteenth Sunday in Ordinary Time August 8, 2021

I am the living bread
that came down from heaven. — *John 6:51*



The **Second collection this weekend** is the monthly collection.

Parishioners: For your information:

In order to comply with the new regulations from our church envelope company, we ask parishioners to refrain from cutting, taping, stapling or putting any stickers on their envelopes. This makes it much more difficult for the machines to process our church envelopes. Thank you!

The Year of Saint Joseph

In December 2020, Pope Francis declared 2020-2021 the Year of Joseph, thus celebrating the 150th anniversary of the proclamation of St. Joseph as Protector of the Universal Church. Marking the occasion, the Pope issued the apostolic letter "Patris Corde" ("With a Father's Heart") in which he lovingly reflects on St. Joseph as a beloved, caring, obedient, accepting, creatively courageous, working father, and a father in the shadows. An opportunity to delve into the richness of the Pope's letter will be offered at Christ the King Parish on 8 Wednesdays from September 8th to October 27th. Sessions will be held at 1:30 p.m. (Group 1) and at 7:00 p.m. (Group 2). Please contact Sister Mary Bernard (Shanley) at:

marybshanleycsj@hotmail.com.
(Enter "St. Joseph" as the subject of your e-mail.)

Summer House of Bread Collection:

Sponsored by our 2021 Confirmation Class of the Church of the Incarnation. Thank you to our Faith Formation volunteers, families and Incarnation Parishioners for your donations of coffee, tea & sugar. Thank you for your generosity to the homeless in Hartford who are provided meals from The House of Bread. There will be another collection stay tuned for dates.

Our “Project Baby Love” collections will not take place until further notice.

We thank our generous parishioners who have supported this Ministry over the years! A very special thank you to Diana Hamel who began this initiative in our parish. Thank you to all those who delivered the diapers & wipes and to Greg and Cynthia Calegari for their continued support!

We have some remaining 2022 MEMORIAL MASSES/SANCUARY/ BLESSED VIRGIN MARY CANDLES AVAILABLE. To reserve a mass for a loved one or friend call the rectory at (860) 529-2533. Our weekday Mass offering is \$10 & our weekend offering is \$20. Our Candle offering is \$10.00.

**WEDDING
BANNERS**



**James Paul Carney &
Camille Ann Gilbert**

**Andrew O’Connor &
Sarah Veilleux**

ARCHDIOCESAN DISPENSATION

UPDATE: Archbishop Blair lifted the dispensation for the obligation to attend Mass on Sundays and Holy Days of Obligation as of May 22/23rd. Effective Wednesday, June 9, 2021, for those who are vaccinated, wearing masks will now be optional while at Mass, at other liturgies, and at any outdoor events held at our churches. Those who wish to remain unvaccinated should continue to wear masks, with particular attention given to the safety of young/unvaccinated children.

Please notify the rectory if you have a loved one who is terminally ill before it becomes an urgent matter. Father Moran prefers to offer the Sacrament of the Sick while your loved one is still able to understand the Sacrament clearly.

Attention all parents/guardians: During Mass we request that children would always be accompanied to the restrooms by a parent or adult.

F.Y.I: We have a CINTAS Professional First Aid Cabinet available if an injury occurs to a parishioner during Mass. Please alert an usher to notify the Sacristan of the injury. We have a disabled restroom in the west corner of Fr. Crawford Hall.



Kensington Rose Juall



PRAYER CORNER

CIVIL DISCOURSE

“Do not grieve the Holy Spirit of God.” These words bring us up short! What could we be doing to grieve the Holy Spirit? Alas, the same things that the Ephesians were doing in the time of Paul, that is, fighting, shouting, reviling each other with fury, anger, and malice. Just tune in to talk radio some day or observe some “road rage” on the expressway. If we who are partakers of the Body of Christ can treat one another this way, what does that mean about our belief in Christ’s message of peace and reconciliation? The Eucharist is the sacrament of unity. It is communion with God and with each other. A good first step would be to speak civilly to each other, even in disagreement!

TODAY’S READINGS

First Reading — After resting and taking nourishment twice, Elijah is strengthened to walk to the mountain of God, Horeb (1 Kings 19:4-8).

Psalm — Taste and see the goodness of the Lord (Psalm 34).

Second Reading — Be sealed by the Holy Spirit of God so as to be imitators of God and live in love (Ephesians 4:30 — 5:2).

Gospel — Jesus professes that he is the living bread and whoever eats this bread will live forever (John 6:41-51).

READINGS FOR THE WEEK

Monday: Dt 10:12-22; Ps 147:12-15, 19-20;
Mt 17:22-27

Tuesday: 2 Cor 9:6-10; Ps 112:1-2,5-9; Jn 12:24-26

Wednesday: Dt 34:1-2; Ps 66:1-3a, 5, 8, 16-17;
Mt 18:15-20

Thursday: Jos 3:7-10a, 11, 13-17; Ps 114:1-6;
Mt 18:21 — 19:1

Friday: Jos 24:1-13; Ps 136:1-3, 16-18, 21-22,
24; Mt 19:3-12

Saturday: Jos 24:14-29; Ps 16:1-2a, 5, 7-8, 11;
Mt 19:13-15

Sunday: Vigil: 1 Chr 15:3-4, 15-16; 16:1-2; Ps
132:6-7, 9-10, 13-14; 1 Cor 15:54b-57; Lk
11:27-28 Day: Rv 11:19a; 12:1-6a, 10ab;
Ps 45:10-12, 16; 1 Cor 15:20-27; Lk 1:39-56

SAINTS AND SPECIAL OBSERVANCES

Sunday: Nineteenth Sunday in Ordinary Time

Monday: St. Teresa Benedicta of the Cross

Tuesday: St. Lawrence

Wednesday: St. Clare

Thursday: St. Jane Frances de Chantal

Friday: Ss. Pontian and Hippolytus

Saturday: St. Maximilian Kolbe

FEAST OF FAITH

Sanctus, Sanctus, Sanctus: Song of Heaven

The words of the Sanctus are rooted in the scriptures. They recall the song of the seraphim in the prophet Isaiah’s vision of God in majesty: “Seraphim were stationed above; each of them had six wings: with two they veiled their faces, with two they veiled their feet, and with two they hovered aloft. ‘Holy, holy, holy is the Lord of hosts!’ they cried one to the other. ‘All the earth is filled with his glory!’ ” (Isaiah 6:2-3). They recall the Gospel accounts of Jesus’ entry into Jerusalem: “Hosanna to the Son of David; blessed is he who comes in the name of the Lord; hosanna in the highest” (Matthew 21:9). Yet the liturgy adds something new to these ancient texts. The seraphim sang, “the earth is filled with his glory.” But the liturgy proclaims, “heaven and earth are full of your glory.” In the Eucharist, earth and heaven meet. For a moment in time, we join in the song that the angels sing for all time. The Sanctus raises us to heaven, but does not remove us from the earth. It is the song of the King who took on our human flesh so that we might share in his divine life.

RACHEL’S VINEYARD RETREAT WEEKENDS

FOR HEALING AFTER ABORTION

If you are suffering from an abortion, experience the healing love of Jesus Christ on a Rachel’s Vineyard Retreat weekend October 29 - 31, 2021 in Farmington, CT. The weekend healing process includes discussions, Living Scriptures with meditations, the Sacrament of Reconciliation, a Memorial Service and Mass of Entrustment. Participation is totally confidential and offers a beautiful opportunity to experience God’s love, forgiveness and compassion. Both women and men have participated in past retreats and have ranged in age from teens to mid-eighties. The fee for the weekend is \$175.00 for meals, private room and all retreat materials. Scholarships are available for financial assistance. For more information contact Marie at 203-631-9030.

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Fax: (860) 785-8533 www.ccthd.org

PUBLIC HEALTH for BERLIN, NEWINGTON, ROCKY HILL, & WETHERSFIELD

Date: August 2nd, 2021

To: Local Media

Contact: Luis Pantoja, MPH
Community Health Coordinator
Central Connecticut Health District
lpantoja@ccthd.org

FOR IMMEDIATE RELEASE

‘Citius, Altius, Fortius – Communiter’: Jumpstart your Fall this STEPtember 2021!

In partnership with Anthem Blue Cross & Blue Shield, the Central Connecticut Health District (CCHD) kicks off its 6th annual Walking Competition this STEPtember! CCHD invites all district residents and employees residing within the towns of Berlin, Newington, Rocky Hill and Wethersfield to engage in a friendly neighborhood competition.

In honor of 2021’s Tokyo Olympic Games (July 23rd – August 8th), this year’s challenge commemorates ‘Celebrations Around the Globe’. Let’s embrace this year’s expanded Olympic motto – ‘Citius, Altius, Fortius – Communiter’ (Latin for faster, higher, stronger - together) - while embracing the ideals set forth by the Olympic creed in solidarity:

“The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well” -Pierre de Coubertin, IOC 1894

The 4-week event kicks off on September 1st and will run through September 30th. Registration aboard Anthem Blue Cross & Blue Shield’s WalkerTracker opens on August 16th and will remain available throughout the competition. To sign up, please visit <https://cchd4town.walkertracker.com> to create or log back into your personal profile, register for your respective Town’s Team, and begin logging your daily step contributions. In addition to manual logging, WalkerTracker also offers a mobile app with the capability to sync with your preferred wearable device. **CLICK HERE** for a handy WalkerTracker user’s guide! Personal pedometers will be made available free of charge on a first come, first served basis.

Up for grabs this year:

- I. High Stepper Award Trophy: awarded to the Town earning the highest overall number of steps
 - II. Impact Award Plaque: awarded to the Town achieving the highest participant enrollment
 - III. Gold, Silver, & Bronze Pins: awarded to the top three individuals with the highest overall step count
- Guidelines:

While walking and running are preferred, we encourage all physical activity and will thus also offer the opportunity for automatic step conversions for the following activities: wheelchair, biking, hiking, kickboxing, pilates and yardwork/gardening (conversion metrics apply).

This year’s competition will culminate at our Closing Awards Ceremony; event details to be announced at a later date, please stay tuned! For more information on CCHD, please visit us at www.ccthd.org. Interested in volunteering? Sign up [HERE](#). Make sure to also find us on social media: like us on Facebook, follow us on Twitter, subscribe to us on YouTube, and connect with us on LinkedIn!



INCARNATION FAITH FORMATION SUMMER PRAYER CORNER

Loving God, we ask you for your continued blessings and protection for our family as we enjoy the relaxing days of summer. We thank you for giving us the gift of the summer season with its warm sun and gentle breezes that remind us of your radiance and love. Be present with us as we share special family time together laughing, talking, playing, eating, and praying. Let us remember the importance and gift of family that you have given us as we cherish one another. Let us praise you and your creation in all the beauty that surrounds the season – in the splashing ocean waves, in the warm summer sand, in the lush green grasses and mountains, on the lakes and rivers, in the fresh vegetables and fruits that abound, and in all the wonder of nature that we experience during this time. We thank you and praise you for the gifts of life, family, and your unending graces and love. Amen.

INCARNATION WOMEN'S CLUB UPDATE: The Women's Club will resume General Meetings in October. The membership mailing will be sent out in early September and include information about club activities planned for the remainder of the year.

JOIN US! for the THE ANNUAL ARCHDIOCECAN RESPECT LIFE MASS Celebrated by Archbishop Leonard P. Blair, Archbishop of Hartford on SUNDAY, OCTOBER 3, 2021 AT 2:00 P.M. at ST. BRIDGET CHURCH, CHESHIRE, CONNECTICUT. Archbishop Blair will present the St. Gianna Beretta Molla Award which is given to persons who have demonstrated a strong commitment to the protection of all human life.

East Catholic High School : Hope everyone is enjoying the summer vacation. Although the start of the school year is almost two months away, its time to spring into action if you are thinking about attending East Catholic High School. We are open throughout the summer Mon. - Thurs. 8 am - 2:30 pm and continuing with accepting applications for incoming freshmen, as well as transfer students. Please check us out on www.echs.com and do not hesitate to contact Admissions at 860-649-5336, ext., 6238 or 6456.

The Jubilee House, a program of the House of Bread, is looking for volunteers to assist with teaching English to adult immigrant and refugee population in Hartford. Please join us for our next session of the ESOL program which will begin in mid-Sept. - Mon. through Thurs., 9:30-11:30 am. We ask for a 2-hour commitment from our volunteers one or more days per week. The Jubilee House is at 40 Clifford Street in Hartford (former St. Augustine School convent). Please call Michele at (860)247-3030, ext. 1048 for more information. We look forward to meeting you!

Calling all local artists: Would you like to publicly showcase your fine art free of charge? Please submit your work for consideration for the first Sts. Isidore and Maria Parish juried fine art exhibit, "Oasis of Beauty," this Fall. The exhibit will feature a variety of mediums, including paintings, photography, sculpture and mixed media. Send a photo of your artwork with your name, plus the title, description and size of your piece (s) to: tammy@isidoreandmaria.org by August 27!

Our Lady of Calvary Retreat Center in Farmington CT: We are more than excited to be opening our retreat center again and preparations are underway for a wonderful 2021-2022 retreat season. This update is to let you know what is happening in September and October. Our first Women's Weekend Retreat will be in November. Please call (860) 677-8519 for more information.

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